Thyroid Metabolic Tracking Chart

Temp	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	Temp
99.9																																				99.9
99.8																																				99.8
99.7																																				99.7
99.6																																				99.6
99.5																																				99.5
99.4																																				99.4
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